

Counseling Service

Continuum Employee Assistance Program (EAP)

1. Through the Continuum Employee Assistance Program, personal and educational counseling is available to students. The counseling service seeks to help students examine their feelings and attitudes with a professionally trained counselor.
2. The student may initiate an appointment with Continuum EAP at any time.
3. The Professional Development Counselor may recommend or mandate an appointment with Continuum EAP as indicated.
4. Distance students will be referred to local Continuum EAP offices.
5. Continuum EAP is located at:

1135 M Street, Ste 400
Lincoln, NE 68508
402-476-0186